



**Step in and step up to raise \$350,000 for Wing Kei Village, our new seniors community.**  
讓我們齊心邁步為我們新的長者社區 榮基村 達到籌款目標\$350,000.

### What is a virtual walkathon?

You can choose where and when you want to walk between April 6 - June 25. Share your goal with family and friends so that they can donate to support you!

### 什麼是網上百萬行?

4月6日至6月25日期間，你可以選擇在任何時間、任何地點參加網上百萬行，請與你的親友分享你的籌款目標，讓他們踴躍支持和贊助你！

#### EARLY BIRD REGISTRATION:

When you register\* between April 6 to May 6, every \$25 you fundraise or donate will enter you in to win our Early Bird Lucky Draw.

#### 晨鳥報名優惠

在4月6日至5月6日期間報名，你籌得的每\$25捐款可讓你參加晨鳥抽獎一次。

#### MATCHING DONATIONS:

For the first \$50,000 raised, every dollar will be matched thanks to our generous sponsors.

#### 配對捐款:

榮基籌得的首\$50,000將獲得贊助商慷慨捐增相同金額的配對捐款。

\*Registrations and pledges must be received by Wing Kei by May 6th, 2022 to be entered for the Early Bird Lucky Draw.

\*參加人士必須在2022年5月6日前報名及交回贊助表格先可讓你參加晨鳥抽獎。

**FIND MORE DETAILS AND INFORMATION AT WINGKEI.ORG**

請瀏覽WINGKEI.ORG查看詳情

HAVE QUESTIONS? 查詢 403-277-7433 / EVENTS@WINGKEI.ORG

# HOW TO 方法

## 1. REGISTER 報名

Register online or fill in the Registration Form.  
網上報名或填寫報名表格。



## 2. INVITE FRIENDS AND FAMILY TO PARTICIPATE 邀請親友參加

Share with your friends & family and encourage them to participate by donating to you and/or registering to join as a participant themselves.

與你的親友分享榮基百萬行信息，鼓勵他們報名參加步行或捐款贊助你。



## 3. COLLECT PLEDGES 收集捐款

You can collect pledges by:

1. Asking your donor to donate online (wingkei.org)
2. Asking your donor to mail/drop-off their donation at Wing Kei
3. Collecting pledges and mailing/dropping off donations yourself

你可以通過以下方式收集捐款：

1. 請贊助者登入榮基網站作網上捐款 (wingkei.org)
2. 請贊助者將支票郵寄至榮基村或親自送交至榮基村
3. 自己親自收集捐款，然後郵寄支票至榮基村或親自送交至榮基村

All mail and drop-off donations must be received at Wing Kei Village by July 22, 2022.

所有郵寄或親自送遞的支票捐款必須在 2022年7月22日或之前送抵榮基村

**Wing Kei Village 地址 :**  
4120 Centre Street NE, Calgary, AB, T2E 2Y7



## 4. COMPLETE YOUR WALK 完成你的步行

Complete your unique walk and share with your friends and family!  
完成你獨特的百萬行，並與你的家人朋友分享！



## 5. CELEBRATE WITH US ONLINE 與我們在網上一同慶祝

Go to wingkei.org on June 25, 2022 to watch our celebration ceremony!  
請於2022年6月25日登入榮基網站 wingkei.org 觀看我們的慶祝典禮！



## WALKING IDEAS 可供參考的幾種步行方法

You can choose to walk regularly or choose one day to complete your goal!  
你可以選擇在一天或分開數天來達到目標！



### Based on time 根據時間

- Walk 10 minutes/day  
每天步行10分鐘
- Walk 30 minutes/week  
每周步行30分鐘



### Based on distance 根據路程

- Walk 1km/day  
每天步行1公里
- Walk 3km/week  
每周步行3公里



### Based on the original walkathon route 步行百萬行原定路線

Choose a day to complete the  
Wing Kei Walkathon Route  
(~3.5km & 45 minutes)

選擇你喜歡的日期時間行畢榮基百萬行原定路線 (約3.5公里需時約45分鐘)

# Registration Form

## 報名表格



Please print clearly. 請以正楷清楚填寫

Name (First & Last) 姓名: \_\_\_\_\_

Address 地址 \_\_\_\_\_

City 城市 \_\_\_\_\_ Province 省份 \_\_\_\_\_ Postal Code 郵政編號 \_\_\_\_\_

Telephone 電話 \_\_\_\_\_ E-mail 電郵 \_\_\_\_\_

Please read the RULES & REGULATIONS below carefully and sign the declaration.  
請詳閱以下規則及章程並簽署聲明

### RULES & REGULATIONS

Pledges raised are for participation regardless of distance walked. Please collect all offline pledges, which shall be received at 4120 Centre Street NE, Calgary, AB, T2E 2Y7 before July 22, 2022.

### DECLARATION

I, the undersigned, hereby agree/on behalf of my minor child agree that:

(1) I acknowledge that participation in the 22nd Wing Kei Annual Walkathon (hereafter referred to as "the Walk") exposes me/my minor child (hereafter collectively referred to as "the Participants") to many risks, including some resulting from the negligence of the Organizer of the Walk. In consideration of the Participants' participation in the Walk, I voluntarily assume all such risks including personal injury and property damage on behalf of the Participants, and I do release, discharge and indemnify the Chinese Christian Wing Kei Nursing Home Association and their respective officers, directors, employees, volunteers, agents and sponsors (collectively referred to as "the Organizer") from all causes of actions, claims, damages and losses whatsoever which the Participants' estate may have on account of personal injury, property damage or accident of any kind related to the Participants' participation in the Walk;

(2) The Participants are physically fit to participate in the Walk; I have read and understood the above; I am aware that I am waiving certain legal rights which the Participants may have; and I have been given the chance to seek independent legal advice; and

(3) By participating in the Walk, the Participants consent to be photographed, filmed and/or otherwise recorded in connection with, or as part of, journalistic, advertising, marketing, promotional, archival or security activities by the Organizer. The Participants' participation constitutes the Participants' consent to such photography, filming and/or recording and to any use, in any and all media, throughout the universe in perpetuity by the Organizer, without compensation to the Participants, of the Participants' appearance, voice and/or name for the above-noted purposes.

**規則及章程** 贊助善款金額與路程長短無關，旨在參與。請收集所有非網上的捐款，並於2022年7月22日前將全數送抵榮基村，地址為：4120 Centre Street NE, Calgary, AB, T2E 2Y7

**聲明**(以英文版本為準) 我本人/代表本人未成年子女，謹在此作以下聲明：

(1) 本人/本人未成年子女(以下統稱為『參加者』)已考慮和願意承擔參與第22屆榮基百萬行(以下稱為『是次活動』)有可能帶來的各種風險，包括或因主辦單位疏忽而引致的風險。本人謹在此聲明，若參加者因參與是次活動引致任何意外、身體受傷或財物損失，參加者將不會向華人基督教榮基護老會或任何有關人士、董事、職員、義工、承辦商、贊助商、機構、團體、小組等(統稱為『主辦單位』)提出任何法律訴訟，或索取任何賠償。

(2) 參加者體格正常，有足夠體力參與是次活動。本人已詳閱及明白上文，並願意放棄法律賦予參加者有關的合法權利；本人亦已獲得機會尋求獨立法律意見。

(3) 參加者同意主辦單位拍攝與是次活動有關的照片、錄像、及/或作與新聞、宣傳、營銷、推廣、存檔或保安有關的用途。參加者准許主辦單位把該照片、錄像及/或錄音在任何時候、地點、媒介作任何用途。主辦單位無需因參加者的樣貌、聲音及名字出現在以上提及的用途上而給予參加者任何酬金或補償。

Net proceeds will go towards the  
Wing Kei Village Capital Campaign  
善款淨額將用作興建榮基村的部分費用

Fundraising Target: \$350,000 Budgeted Expenses: \$10,000  
籌款目標：\$350,000 預計開支：\$10,000

Register and Fundraise ONLINE  
網上報名和籌款  
wingkei.org

SIGNATURE 簽名 \_\_\_\_\_ DATE 日期 \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

(Parent/Guardian signature required if under 18 years old) 十八歲以下之步行者請由家長或監護人簽署

# PLEDGE FORM 贊助表格

My Goal 我的籌款目標: \$ \_\_\_\_\_ Team Name (if applicable) 團隊名稱 (如適用): \_\_\_\_\_

Please print clearly. Tax receipts will be issued for donations of \$25 or more. Receipts will not be issued to those with unclear information.  
請以正楷清楚填寫, \$25 或以上的捐款可以獲發報稅收據, 如資料不清晰將不能獲發報稅收據。

**Please Make Cheques Payable to 支票抬頭請註明: WING KEI**

Donor's Name 贊助人姓名	Address 地址	City 城市	Province 省	Postal Code 郵政編號	Email 電郵	Telephone 電話	Amount 金額	
1)								
2)								
3)								
4)								
5)								
6)								
7)								
<b>THANK YOU for your generous support! 感謝你們的踴躍支持!</b>							<b>TOTAL 總計:</b>	

**Note: Please attach supplementary sheet if more space is required 如有需要請自行附加紙張**

OFFICE USE ONLY

Received by: \_\_\_\_\_

Online Amount: \_\_\_\_\_

Amount Received: \_\_\_\_\_

Remarks: \_\_\_\_\_